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SMOKEFREE



Freestyle Libre Flash Glucose Monitoring – Patient Agreement

You are eligible to receive the Freestyle Libre device on prescription. We (Wyre Forest Diabetes Team) are happy to start this process by arranging prescriptions for you for the first 4 - 6 months. However, we have agreed with the Clinical Commissioning Groups (who fund the prescriptions) that patients will be reviewed at the time to see whether ongoing prescriptions can be justified. Continued prescriptions are reliant on achieving the following criteria:

1. That you have attended one of our education sessions about the Freestyle Libre device.
2. That you agree to scan the Freestyle Libre device no less than 8 times per day and use the sensor >70% of the time.
3. That you attend a structured education event once a year (a session on the Freestyle Libre will count for the first year).
4. That you attend Diabetes Specialist Nurse review at least 2 – 3 times during this period.
5. That we see evidence that the Freestyle Libre device is improving your diabetes self-management by satisfying one of the following:
 - If your HbA1c is 58 mmol/mol or above before starting, this improves by at least 5 mmol/mol by 4-6 months, or
 - A reduction in time spent hyperglycaemic (levels >14 mmol/l), or
 - An improvement in the total time your blood glucose level is in range, or
 - Your hypo awareness (if unaware), fear of hypos, number of hypos or total time spent hypo improves, or
 - There is an improvement in your psychological wellbeing.

Once satisfying these review criteria we will write to your GP advising that you continue to receive the Freestyle Libre device on prescription. **Please note, the above criteria will also be used to allow us to recommend continuation/stopping prescriptions in the future.**

Please sign below to say you have read and understood the above (please ask if you have any questions).

Patient

Signature:

Name: Date:.....